

# cammin@zoldo



# **SUMMER 2019**

#### Drawing in the mountains Painting experience 'en plein air'

Easy excursion, suitable for everyone, where the destination will not be the top of the mountain or the arrival at the refuge. Our goal this time will be along the way, looking for significant points of observation that surrounds us. To try our hand in a unique experience of dialogue with nature, letting you capture from the shapes of the landscape and trying to snatch the deepest secrets through live drawing 'en plein air!' A new form of mediation, the Beauty which will bring us in the presence of the Pelmo of the Unesco Dolomites. Guided by a professional guide and impassioned watercolour of the mountain, we will alternate moments of walking with moments of observation and live drawing.

#### MEETING POINT 19/7: Pralongo Sports field. MEETING POINT 21/8: Passo Staulanza. TIME: 9.30 a.m.

**RETURN TO:** 4.00 p.m. ca.

EQUIPMENT REQUIRED: appropriate footwear with a sculpted sole (boots or climbing boots) Clothing: long trousers, socks, long sleeved shirt/t.shirt, sweater, waterproof jacket, hat. In the rucksack: handkerchiefs/ tissues, a rubbish bag, camera, suncream, sunglasses, water, snack, packed lunch.

Drawing materials: pencil (s), eraser, A4/A5 artpad with rigid support and suitable for watercolours. Watercolour paints, small glass for water and paint brushes. The drawing materials can be made available if explicitly requested at the time of registration.



#### PARTICIPANTS: min. 3 max 12

Motions).

PRICE: adults € 20,00 - children € 30,00 under 12 years old accompanied by a parent (adults € 15,00 - children € 20,00 with Val di Zoldo Turismo voucher). € 5,00 for materials. GUIDE: international mountain leader Elena Berton (ASD Naturae



The tandem paragliding flight is the first and most accessible approach to the free-flying world. Flying like a bird over the woods and the meadows is different from seeing them from the top of a mountain: it is another dimension. You do not need any special training nor physical or courageous talents. The expert hands of the instructors will accompany you as you become acquainted with the sky and the landscape of Pecol. All the equipment for the tandem flight is provided by the school. The passenger needs only a pair of sports shoes and heavy clothing. Paragliding is a safety sport, however you will stay with the feet in the air all the time. Every precautions must be taken for any eventuality. The passenger relies totally on the competence and the knowledge of the pilot and must collaborate with the suitable protective devices and an helmet. The paraglider is equipped with a safety parachute. The pilots are paragliding instructors with the necessary experience, qualified for tandem paragliding flights.

MEETING POINT: Pian del Crep TIME: 10 a.m. to 5 p.m. (break from 2 p.m. to 3 p.m.) PRICE: € 40,00 MAX: 30 person – minimum 30 kg maximum 100 kg IN CASE OF BAD WEATHER: cancelled INSTRUCTORS OF DOLADA CLUB: in collaboration with Val di Zoldo Funivie

## Easy canyoning excursion for families and for children

Discover canyoning, a fun and thrilling adventure, among dives, hidden and special landscapes, water slides and dizzying descents, accompanied by an Alpine guide. The itineraries chosen on this date will be suitable also for beginners or for those who want to experience canyoning with the whole family.

MEETING POINT: Forno (Val di Zoldo) at La Tana de l'Ors restaurant at 8.30 a.m.

**DESTINATION:** Rio Maggiore (lake of Santa Croce) **RETURN TO:** 4.00 p.m. ca.

#### LEVEL: easy

LUNCH: pack lunch

BRING: a pair of sneakers (will get wet), a swimsuit and towel, a change of shoes and clothes. The equipment necessary for canyon descent will be provided.

#### IN CASE OF BAD WEATHER: cancelled.

**RESERVATION DETAILS:** maximum party size is 8 people - minimum age 8 years (minimum weight: 30 kg). Every child must be accompanied by a parent.

**COST:** € 50,00 adults (with Val di Zoldo Turismo voucher € 45,00); child until 12 years and the parent who accompanies him € 80,00 (with Val di Zoldo Turismo voucher € 75,00)

ALPINE GUIDE: Fazzi Francesco



### Canyoning: fun in the water!

A unique experience! Canyoning is not climbing along a stream, it's discovering hidden rock formations, waterfalls and water slides formed by the passage of time. The presence of Alpine Guide ensures fun and safety.

MEETING POINT: Forno di Zoldo at La Tana de l'Ors restaurant. TIME: 8.00 a.m. DESTINATION: a beautiful brook in the Dolomites. RETURN TO: 4.00 p.m. ca. LEVEL: medium, but requires good swimming ability. LUNCH: pack lunch provided. BRING: a pair of sneakers (will get wet), a swimsuit and towel, a change of shoes and clothes. The equipment necessary for canyon descent will be provided. IN CASE OF BAD WEATHER: cancelled. RESERVATION DETAILS: maximum party size is 6 people. Any children must be at least 16 years old. PRICE: € 65,00 p/person (€ 45,00 with Val di Zoldo Turismo voucher).

**ALPINE GUIDES:** Fazzi Francesco and Daniele Geremia

### Easy Via ferrata for everyone... for children too

Easy via ferrata experience suitable for everyone, along the itinerary which leads to Rifugio Sora 'I Sass, between the majestic and solemn rocks of the Mezzodi group, near the Dolomiti Bellunesi National Park. The excursion will be accompanied by an Alpine guide, who will guide you up to the hut, where you can find rest and refreshment.

MEETING POINT: Pian dela Fopa TIME: 9 a.m. RETURN TO : 1 p.m. RECOMMENDED CLOTHING: backpack, rain jacket, long trousers, spare t-shirt MAX: 6 person - Children up to 10 years even if not accompanied by adults PRICE : adult € 40,00 (€ 35,00 with Val di Zoldo voucher) children up to 12 years € 35,00 (€ 30,00 with Val di Zoldo voucher)

IN CASE OF BAD WEATHER: cancelled

ALPINE GUIDE: Francesco Fazzi



#### And then... In the Park with the family!

Programme of walks open to families and children, to adults and seniors, to people with disabilities or with movement difficulties, but also to lazy people, who love visiting special and beautiful places, without too much efforts.

MEETING POINT: Pralongo sports field. TIME: 10.00 a.m. RETURN TO: 1.00 p.m. ca. LEVEL: easy. IN CASE OF BAD WEATHER: cancelled. PRICE: free. This activity is offered by Ente Parco Dolomiti Bellunesi.



#### **Mini climbing courses**

For experts and beginners, the new climbing wall "Ai Lach", under Mount Pelmo is a challenge open to everyone. This is an opportunity also for novice climbers who can be introduced in this sport, with the help of Val di Zoldo Alpine Mountain Guides and in complete safety, via actual short trial sessions and crash courses.

MEETING POINT: Maresón, near Hotel Corona. TIME: 9.00 a.m. RETURN TO: 1.00 p.m. LEVEL: medium. INFO: recommended sneakers or trekking shoes. Climbing shoes will be provided. IN CASE OF BAD WEATHER: cancelled. MAXIMUM PARTY SIZE: 7 people. Minimum age 6 years. PRICE: adults € 20,00 (€ 15,00 with Val di Zoldo Turismo voucher),

children  ${\bf \xi}$  15,00 under 12 years old ( ${\bf \xi}$  10,00 with Val di Zoldo Turismo voucher).

ALPINE GUIDES: Fazzi Francesco and Daniele Geremia





## Trekking to the "mazes" of the Moiazza

itinerary takes you into one of the most charming places of Val di Zoldo: between magical waterfalls and passages through the rocks, similar to a maze; you will end up in the Vant della Moiazza. An excursion all to be discovered, unique in its beauty... do not miss it!

MEETING POINT: Agriturismo Le Vare Goima TIME: 8 a.m. RETURN TO : 1 p.m. LEVEL: medium/high – minimum age: 16 years old DIFFERENCE: 800 m IN CASE OF BAD WEATHER: cancelled LUNCH: to Agriturismo Le Vare (optional and not included in the price) PRICE: € 20,00 (€ 15,00 with Val di Zoldo Turismo voucher) MAX: 10 person GUIDE: International mountain leader – Chiara De Rocco

#### To Mount Rite on e-bike

Mount Rite, with its 360 degrees views over the surrounding mountains, is one of the most panoramic peaks of the Dolomites. From some years it has also accommodated the famous Messner Mountain Museum, set up in a First World War fort, an exhibition which has increased the fame of this mount exponentially. Starting from Formo di Val di Zoldo you climb up to Passo Cibiana. Riding for almost 10 easy kilometers on paved road up to the pass, you then continue towards the top of Mount Rite on the gravel road which rises on regular gradient, revealing wider and wider landscapes of Val di Zoldo, Mount Pelmo and Val Boite, till you see the wide valley of Cortina d'Ampezzo and the peaks of Fanes-Senes-Braies Nature Park.

 MEETING POINT: Forno at Hotel Posta

 TIME: 9.30 a.m.

 RETURN TO: 4 p.m. ca.

 LEVEL: easy/medium – a bit of training is required- minimum age:

 16 years old

 DIFFERENCE: 1335 m

 LUNCH: at Refuge Dolomites (optional and not included in the price). Visit at Messner Mountain Museum (optional and not included in the price). Nist at Messner Mountain Museum (optional and not included in the price). IN CASE OF BAD WEATHER: cancelled

 PRICE: € 60,00 (€ 55,00 with Val di Zoldo Turismo voucher) included accompaniment, e-bike, helmet and padlock

 MAX: 8 person

GUIDE: International mountain leader - Chiara De Rocco



#### To Col dei Baldi on e-bike

A magical itinerary on a e-bike, from the foot of Mount Civetta, to reach the top of Col dei Baldi, a peak which gives you emotions at 360 degrees, with a view over Mount Pelmo, the Civetta, the Cernera and the valleys of Zoldo and Agordino. Start from Pecol (1388m), following the SP251 road up to Palafavera (1514m). Through woods, wonderful highlands and pastures, you follow the gravel road that leads to Malga Pioda (1824m). From the Malga, go up the gentle slope to Col di Baldi, crossing flowery meadows and wide open spaces. Once you have reached the top of Col dei Baldi (1922m), where you can find a hut in operation during the opening times of the Civetta lifts (in the summer, July and August), the stunning landscape , typical of the Dolomites, will leave you breathless.

MEETING POINT: Pecol Lift area TIME: 9.30 a.m. RETURN TO: 1.30 p.m. ca. LEVEL: easy – a bit of training is required- minimum age: 16 years old DIFFERENCE: 550 m IN CASE OF BAD WEATHER: cancelled PRICE: € 60,00 (€ 55,00 with Val di Zoldo Turismo voucher) included accompaniment, e-bike, helmet and padlock MAX: 8 person GUIDE: International mountain leader – Chiara De Rocco



#### Flowers: a world to discover... and to taste!

An excursion accompanied by an expert botanist inside the Dolomiti Bellunesi National Park, learning about the flowers and herbs of our fields, their properties, their use in cooking and more. Explore the Dolomites together with an environmental guide and botanist from Cooperativa Mazarol.

#### **MEETING POINT: Malga Prampèr.**

#### TIME: 10.00 a.m.

NOTE: at 9.30 a.m. there is the possibility to use the shuttle service Zoldobus to reach Malga Prampèr from Forno di Zoldo or from the parking of Pian de la Fopa.

**DESTINATION:** Parco Nazionale Dolomiti Bellunesi.

RETURN TO: Pian della Fopa at 5.00 p.m. ca.

LEVEL: medium. LUNCH: packed lunch or at malga Prampèr.

INFO: it is necessary to wear comfortable and layered sport clothes, backpack with rain cape, and at the foot, trekking shoes. IN CASE OF BAD WEATHER: cancelled.

MAXIMUM PARTY SIZE: 30 people. Any children/minor must be accompanied by an adult.

PRICE: free. This activity is offered by Ente Parco Dolomiti Bellunesi and Consorzio Val di Zoldo Turismo.

AUGUST



#### **Riding in Zoldo**

Landscape to landscape, village to village, riding along the amazing paths of Val di Zoldo. Rediscover an exciting and all-natural way to explore the

**MEETING POINT:** Pianaz Palma. TIME: 10.00 a.m. **RETURN TO:** 3.00 p.m. LEVEL: easy/medium required a good workout. LUNCH: at Baita Civetta. IN CASE OF BAD WEATHER: cancelled. MAXIMUM SIZE PARTY: 6 people/Any children must be at least 14 years old. PRICE: € 50,00 included the lunch at Baita Civetta.

#### **Giau Crossing Civetta Crossing**

From Malga Pioda to Capanna Trieste, from Passo Giau to Rifugio Città di Fiume, passing through the Mondevàl plateau in Val Fiorentina.

Walking alone or with friends, you can enjoy some of the most beautiful traverses in the Dolomites. "Zoldo Bus" will shuttle you to the starting point of your excursion and pick you up at the arrival point, at the end of a breathtaking adventure in the Dolomites, from one valley to another.



Giau Crossing: park to Rif. Città di Fiume. Civetta Crossing: Forno di Zoldo tennis court; Pécol lift area. TIME: 8.00 a.m. Forno, 8.30 a.m. Pécol; 8.30 park to Rif. Città di Fiume. RETURN TO: 6.00 p.m.

LEVEL: medium, required a good workout. LUNCH: packed lunch.

BRING: trekking shoes.

#### MAXIMUM PARTY SIZE: 8 people.

PRICE: Giau Crossing: € 15,00 per person (€ 10,00 with Val di Zoldo Turismo voucher). Civetta Crossing: € 20,00 per person. (€ 15,00 with Val di Zoldo Turismo voucher).



Pécol

Forno di Zoldo



#### Mushrooms... what a passion!

Picking mushrooms can be a great instructive experience, learning to recognise the different species means learning to recognise and respect our environment. The expertise and friendliness of the mycological experts will give you a unique experience!

#### **FIRST COURSE AT HOTEL POSTA - FORNO**

MONDAY of JULY - 8.30 pm: general mycology lesson (morphology, biology and ecology of mushrooms).

WEDNESDAY o3 JULY - 8.30 pm: edible and inedible mushrooms of our woods.

FRIDAY of JULY - 8.30 am: excursion accompanied by an expert followed by an exhibition and introduction of the picked mushrooms.

#### **SECOND COURSE AT CAMPING CIVETTA - PÉCOL**

MONDAY 26 AUGUST - 8.30 pm: general mycology lesson (morphology, biology and ecology of mushrooms).

WEDNESDAY 28 AUGUST - 8.30 pm: edible and inedible mushrooms of our woods.

FRIDAY 30 AUGUST - 8.30 am: excursion accompanied by an expert followed by an exhibition and explanation of the picked mushrooms.

PRICE: free. The activity is offered and organised in collaboration with the Mycological association "Bresadola" from Belluno, and Val di Zoldo Turismo

#### Excursions - C.A.I. Sezione Val di Zoldo

A reservation is necessary for any of these excursions. Please contact the IAT of Forno (+39 0437 787349) and Pécol (+39 0437 789145), by 6.00 p.m. the day before the activity. The organisation reserves the right to cancel or to modify excursions in case of bad weather or other problem.



14/07 I COLLI ALTI PARCO NATURALE BRAIES/FANES/SENES (E) ELEVATION GAIN: +1100 m TIME: 8.00 h

21/07 CIMA DELLA SPALLA DOLOMITI FRIULANE (EEA) ELEVATION GAIN: +1000 m TIME: 7.00 h

28/07 M. CERNERA GRUPPO CRODA DA LAGO/CERNERA (EE) ELEVATION GAIN: +1000 m TIME: 7.00 h

04/08 BELVEDERE DI MEZZODÌ (EE) ELEVATION GAIN: +1200 m. TIME: 8.00 h 11/08 SFORNIOI GRUPPO BOSCONERO (EE) ELEVATION GAIN: +800 m. TIME: 7.00 h

18/08 GIRO DEL PELMO (EE) ELEVATION GAIN: +700 m. TIME: 7.00 h

25/08 CIMA BOCCHE E LAGO JURIBRUTTO DOLOMTI FRIULANE (EE) ELEVATION GAIN: +1000 m TIME: 8.00 h

01/09 PIANI ETERNI PARCO NAZIONALE DOLOMITI BELLUNESI (EE) ELEVATION GAIN: +1000 m TIME: 7.00 h

LEGEND: T - TOURIST (very easy, suitable for children) E - WALKING (well-marked trails, even on steep slopes); EE - HIKERS EXPERTS (very steep paths, scree and slight traces of path); EEA - HIKERS EXPERTS wITH GEAR (helmet and harness; mountain trails and via ferratas).



#### Safety on the mountains Informative appointments

TUESDAY 30 JULY: at the parish hall of Mareson at 8.30 p.m. with the Alpine guide Daniele Geremia

MONDAY 12 AUGUST: at the Cinema of Don't at 8.30 p.m. with the Alpine guide Francesco Fazzi

For every date of the programme, the registration is required by 5.30 p.m. the day before the activity at the tourist offices of Forno and Pecol (Val di Zoldo).

All companions and instructors are enabled for their profession and for insurance for participants. The registration fee is refunded only if the activity is cancelled by the organisation.



#### Val di Zoldo Turismo www.valdizoldo.net - turismo@valdizoldo.net

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